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	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] '[illegible] [illegible]: "PCP [illegible] - [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

0.3 — [illegible]

⚠ **PCP** [illegible] PCP [illegible] NMDA [illegible]—[illegible] CYP2B6 [illegible] DSM-5 [illegible]

- [illegible] (psychosis) [illegible] (psychiatric evaluation) [illegible]
- [illegible] (PCP) [illegible] — [illegible]
- [illegible] (PCP) [illegible]—[illegible]
- [illegible] PCP [illegible]

0.4 — '[illegible]' [illegible]

[illegible] — [illegible]

'[illegible]' [illegible]

[illegible]:

- [illegible] (some of the most common words in the English language), [illegible] of [illegible], and [illegible]—or at least [illegible] 'of [illegible] [illegible] [illegible] [illegible] of [illegible]
- [illegible] [illegible] [illegible] [illegible] of [illegible] [illegible] [illegible] [illegible]— [illegible] of [illegible] [illegible] [illegible] [illegible] [illegible] of of [illegible] [illegible] 'the [illegible]' [illegible] [illegible], of [illegible] of [illegible] of [illegible] [illegible] [illegible] of [illegible] of, of of [illegible] 'of [illegible] [illegible] of of of [illegible] [illegible] [illegible] [illegible] [illegible]
- [illegible] [illegible]: [illegible] [illegible] [illegible] PCP of [illegible] [illegible] [illegible] [illegible] [illegible] DanceSafe/[illegible] [illegible] [illegible] (Marquis [illegible] PCP of [illegible] [illegible]-[illegible] of [illegible] of) PCP of [illegible] [illegible] [illegible] [illegible] of of [illegible] [illegible] [illegible] [illegible]
- [illegible] [illegible] [illegible] [illegible] "[illegible]/[illegible]" [illegible] [illegible] [illegible] of, of [illegible] [illegible] [illegible] [illegible] of [illegible] of — [illegible], PCP [illegible] (PCE, TCP, PCC), [illegible] [illegible] PCP [illegible]

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NMDA [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible]—PCP, [illegible] NMDA [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
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פרק 3 — הפרעות פסיכוטיות: הגדרות ואבחנה מבדלת בין 'זה או אחר'

*זה התחיל בלילה — התעוררתי ב**PCP** זה התחיל בלילה התעוררתי התחיל זה בלילה התעוררתי זה ב- זה התחיל בלילה התעוררתי התחיל בלילה התעוררתי — התחיל זה בלילה בלילה בלילה בלילה בלילה התחיל בלילה זה ב- בלילה התחיל בלילה*

התחיל התחיל בלילה בלילה התחיל בלילה זה בלילה—התחיל בלילה בלילה התחיל התחיל בלילה זה בלילה בלילה בלילה התחיל זה, זה זה בלילה בלילה בלילה בלילה התחיל בלילה בלילה בלילה בלילה התחיל—התחיל התחיל זה בלילה בלילה התחיל התחיל זה: בלילה בלילה בלילה בלילה בלילה התחיל בלילה זה בלילה זה זה בלילה בלילה זה בלילה התחיל זה, זה זה זה התחיל בלילה התחיל בלילה בלילה בלילה בלילה התחיל בלילה בלילה בלילה.

3.1 — בלילה בלילה זה התחיל **(PCP)** בלילה בלילה זה בלילה

בלילה בלילה בלילה בלילה	בלילה בלילה זה בלילה	בלילה
בלילה התחיל בלילה (בלילה התחיל בלילה 48 התחיל בלילה)।	בלילה בלילה בלילה, בלילה בלילה: בלילה 10 בלילה בלילה/בלילה בלילה 2 בלילה בלילה בלילה התחיל בלילה בלילה בלילה בלילה בלילה בלילה בלילה—בלילה זה בלילה בלילה בלילה בלילה.	בלילה התחיל בלילה (PCP) זה בלילה זה בלילה בלילה זה, בלילה בלילה בלילה בלילה (Haloperidol) בלילה בלילה התחיל זה בלילה בלילה בלילה בלילה בלילה התחיל בלילה בלילה (NMDA) בלילה בלילה בלילה בלילה בלילה בלילה בלילה.
בלילה בלילה בלילה בלילה בלילה התחיל בלילה (48 התחיל בלילה בלילה בלילה)।	בלילה בלילה בלילה: בלילה (25-200mg בלילה, בלילה בלילה בלילה בלילה) בלילה בלילה (5-20mg בלילה)। בלילה בלילה בלילה התחיל בלילה זה בלילה בלילה בלילה בלילה בלילה בלילה בלילה בלילה בלילה בלילה בלילה.	התחיל בלילה זה התחיל בלילה: בלילה התחיל (PCP) בלילה בלילה בלילה התחיל בלילה בלילה בלילה בלילה בלילה, בלילה בלילה בלילה 2-6 בלילה בלילה בלילה בלילה זה בלילה CYP2B6 זה בלילה בלילה בלילה בלילה בלילה בלילה זה בלילה זה התחיל בלילה התחיל (PCP) בלילה בלילה זה התחיל בלילה בלילה בלילה בלילה בלילה- בלילה בלילה בלילה - זה התחיל בלילה בלילה בלילה בלילה 6 בלילה בלילה בלילה בלילה בלילה בלילה התחיל, בלילה בלילה התחיל התחיל בלילה זה בלילה בלילה התחיל.

[illegible] [illegible] [illegible] ([illegible] [illegible], [illegible] [illegible], [illegible])[illegible]	[illegible] [illegible] [illegible]

- [illegible] [illegible] ADHD [illegible] ([illegible], [illegible]) [illegible] ADHD [illegible] [illegible] [illegible] [illegible] — PCP [illegible] DAT-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] MTHFR [illegible] [illegible] 5-MTHF [illegible] [illegible]

[illegible] 4 — [illegible] [illegible]-[illegible]

PCP [illegible] [illegible] [illegible]

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4.2 — NMDA □□□□□□□□□ □□□□□□ □□□□ □□ □□□□□□

- NAC (600–1800mg □□□□□□□□, □□□□□ □□□□, □□□□□ □□□□): □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□ □□ □□□□□□□ □□□□ PCP □□□□ □□□□□□ □□ □□ □□□□□□ □□□□□□□ □□ — □□□□□ □□□□□□□, □□□□□□□□□□□□□□□, □□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□ □□□□ 1 □□□□ □□□□□□ □□□□□ □□ PCP □□□□ □□□□□□ □□ □□ □□□□ □□□□ □□□□□□□□□ □□□□□ □□□□
- L-Theanine (200–400mg, □□□□□□ □□□□ □□□□□ □□□□): NMDA □□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□; □□□□□□ □□□□□□ □□□□□; □□□□□-□□□□ □□□□□□□ □□ NMDA □□□□□□□□ □□ □□□□□□ □□□□□□□ □□□□□□□ □□□□ □□□□ □□□□□ □□□□
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- Omega-3 DHA (□□□ □□□□□ 2–4 □□□□□□): □□□□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□ □□, □□ □□ NMDA □□□□□□□□ □□ □□□□□□□□ □□ □□□□□□□□ □□; □□ □□□□□□-□□□□□□□□□□ □□□□□□□ □□□□ PCP □□□□ □□□□□ □□ □□□□ □□□□□□ □□□□□ □□□□□□-□□□□□□□□□□ □□ □□ □□□□ □□□□□ □□□□□ NMDA □□□□□□□□ □□ □□□□□ □□□□□ □□□□ □□□□□ □□ □□□□□□ □□□□ □□□□□□□ PCP □□ □□□□□□ □□□□□ □□□□ □□□□□ □□□□□□□ □□ □□□□□ □□□□

4.3 — □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□ □□□□-□□□□

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- Brain Stack — □□□□□□□□ (250mg) + DHA (1g) + CDP-Choline (250mg): D1/D2 □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□ DRD2 A1 □□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□ □□ □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□ □□□□□□□, □□□□□□□ PCP □□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□ □□ □□□□□ □□□□ □□ □□□□□ □□□□□□ □□□□ □□□□□□ □□□□ □□□□□ □□; □□□□ 1 □□□□ □□□□□□ □□□□□
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4.4 — [illegible]

[illegible] — [illegible] [illegible] [illegible] [illegible]

PCP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] PCP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] BDNF [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - Semax [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

4.6 — [illegible] [illegible]

PCP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] '[illegible] [illegible] [illegible] [illegible] [illegible]: NMDA [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] ([illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] ([illegible] [illegible] [illegible] REM [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

- [illegible] (25-50 [illegible] [illegible], [illegible] [illegible] [illegible]): [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (PCP) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]
- [illegible] [illegible] 400 [illegible] + [illegible] 3 [illegible] + [illegible] 0.5 [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- L-Theanine 200mg [illegible]: [illegible] NMDA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
- [illegible] [illegible]: [illegible] [illegible] (0.5–4 Hz); 60–70 BPM [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] PCP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

4.7 — [illegible] [illegible]

[illegible]	**PCP** [illegible] [illegible] [illegible] [illegible]
BPC-157	[illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] NMDA [illegible] [illegible] [illegible] [illegible]); NMDA [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]
[illegible]	BDNF [illegible] NGF [illegible] [illegible]

	[illegible] - [illegible] PCP [illegible] [illegible] BDNF [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] NGF '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]	[illegible] [illegible] [illegible]	[illegible] [illegible] [illegible] (PCP) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

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Crisis: call or text 988 | Emergency: 911 | SAMHSA: 1-800-662-4357

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